

Prepare for the WINTER

In Mexico, the greatest impact of low temperatures occurs from November to January. In this season you must protect yourself by knowing and applying the preventive measures in order to avoid affectations to your health

One of the consequences of low temperatures is the increase in respiratory diseases in the population

Baja California, Chihuahua, Ciudad de México, Durango, Hidalgo, Estado de México, Michoacan, Morelos, Puebla, San Luis Potosi, Sinaloa, Sonora, Tlaxcala and Zacatecas, are the most affected states by low temperatures

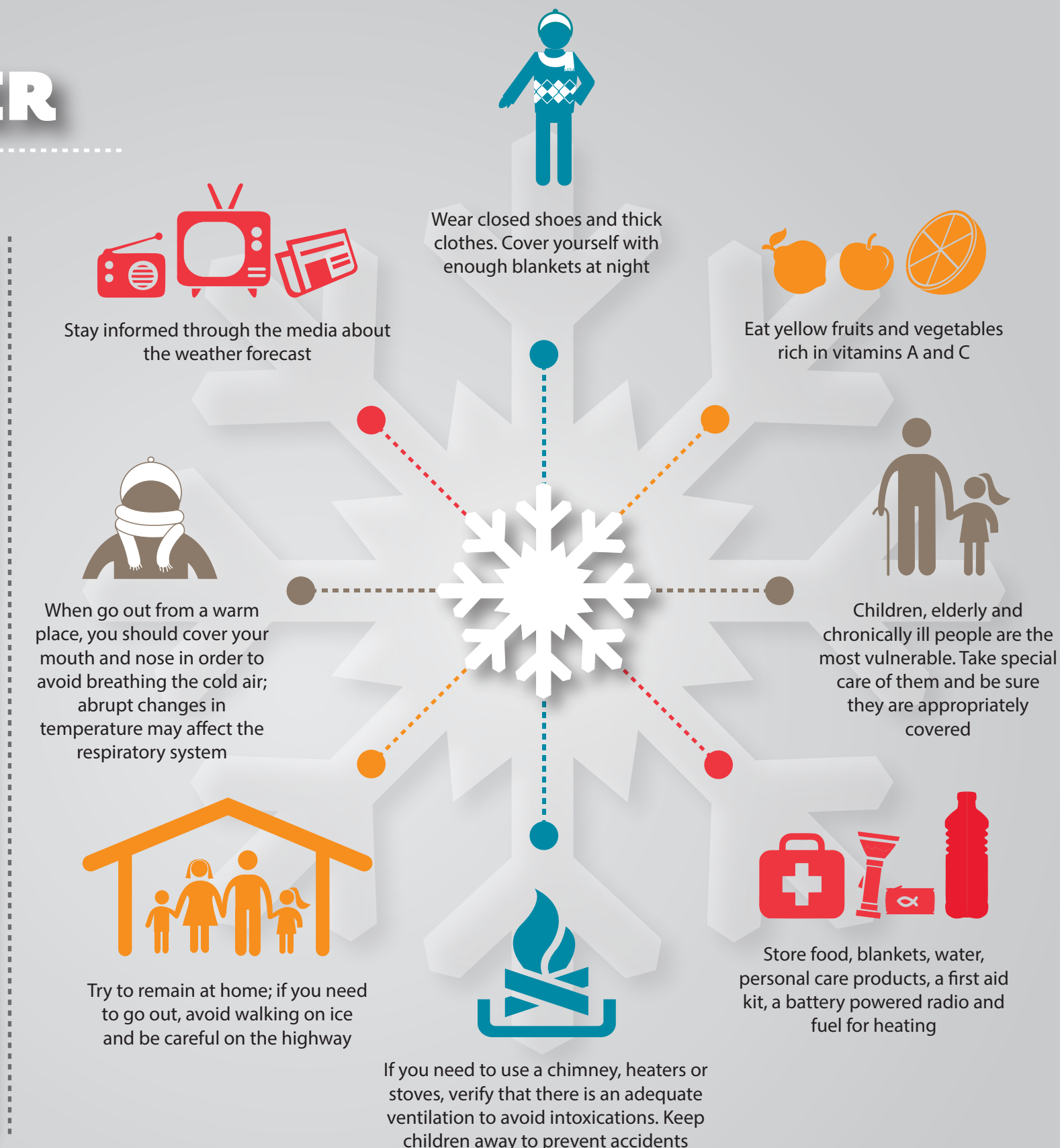
Learn more

National Water Committee
www.gob.mx/conagual

National Center for Disaster Prevention
www.gob.mx/cenapred

Call 911 in case of emergency

Source: National Center for Disasters Prevention



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