



it must contain...

Work together with your family to prepare an emergency backpack with the necessary items to be self-sufficient during the first days of an emergency or disaster



Important documents



Phone book with your family and emergency numbers



Portable radio, lamp and spare batteries



First aid kit



Tools kit



Provisions for two days

Don't forget to include food for your pet

Keep your emergency backpack in your car, home, workplace and places within reach. We never know what role we will live when an emergency occurs.



GOBIERNO DE
MÉXICO

SEGURIDAD
SECRETARÍA DE SEGURIDAD
Y PROTECCIÓN CIUDADANA



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DE DESASTRES